

# BASIC STITCH PATTERNS

VIDEO TUTORIAL: <https://youtu.be/iuss8tEiFfc>

## Garter Stitch

Garter stitch fabric is a textured, stretchy fabric with distinct ridges. It lays flat without curling and it's reversible. It's used as an all-over fabric and also commonly used for hems and edges to keep the garment edges from curling.

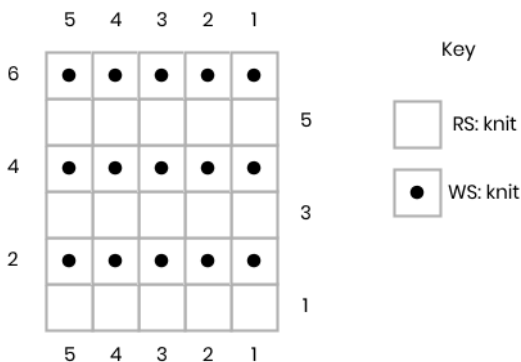
Any number of stitches and rows.

### Garter Stitch worked Flat:

[worked over any number of stitches and rows]

Row 1: Knit.

Rep Row 1 for Garter stitch worked flat.



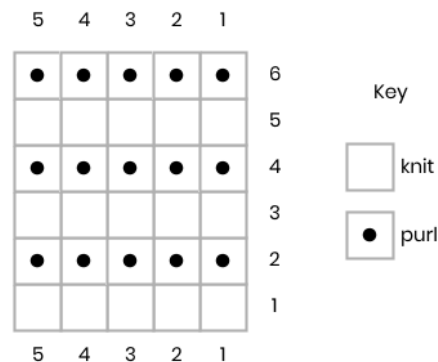
### Garter Stitch in the Round:

[worked over any number of stitches and rounds]

Rnd 1 and all odd rnds: Knit.

Rnd 2 and all even rnds: Purl.

Rep Rnds 1-2 for Garter stitch in the round.



### Reading Garter Stitch:

To 'read' your stitches in Garter stitch, look for the ridges. Each ridge represents two rows of knitting so you would count those ridges to determine how many rows you have knit. To count individual stitches, look for the 'smiles and frowns' - each 'frown' represents one stitch (it's actually the head of the stitch that's pushed forward in the fabric that's facing you).

# Stockinette Stitch

Stockinette stitch fabric is a smooth fabric with distinct columns and rows of little 'V's. It is not reversible (the other side is referred to as Reverse Stockinette) and the edges have a tendency to curl. It's commonly used as an all-over fabric for many garments but must include some type of edge stitch (like Garter stitch) to keep the edges from curling.

**Any number of stitches and rows.**

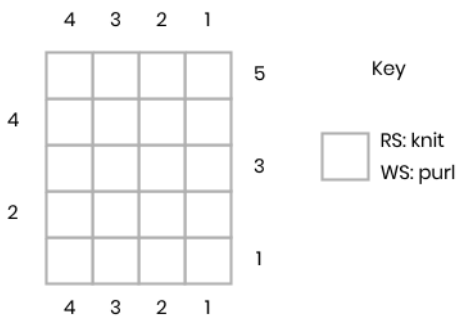
## Stockinette Stitch worked Flat:

*[worked over any number of stitches and rows]*

Row 1: Knit.

Row 2: Purl.

Rep Rows 1-2 for Stockinette stitch worked flat.

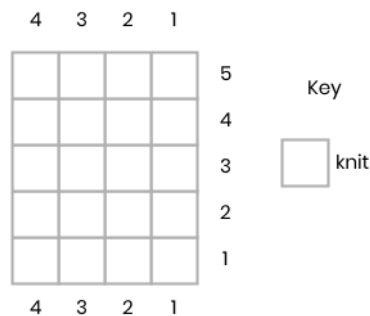


## Stockinette Stitch in the Round:

*[worked over any number of stitches and rounds]*

Rnd 1: Knit.

Rep Rnd 1 for Stockinette stitch in the round.



## Reading Stockinette Stitch:

To 'read' your stitches in Stockinette stitch, look for the 'V's. Each 'V' represents one stitch. Count a vertical column of 'V's to determine how many rows you have knit. To count individual stitches across a row, count each 'V' in that row (the 'V' is actually the legs of an individual stitch).

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# Reverse Stockinette Stitch

Reverse Stockinette stitch is the textured side of Stockinette fabric. It is not reversible (the other side is the smooth Stockinette side of the fabric) and, like Stockinette, the edges have a tendency to curl. It's commonly used as an all-over fabric where something more textured than plain Stockinette is desired but must include some type of edge stitch (like Garter stitch) to keep the edges from curling.

**Any number of stitches and rows.**

## Rev Stockinette worked Flat:

*[worked over any number of stitches and rows]*

Row 1: Purl.

Row 2: Knit.

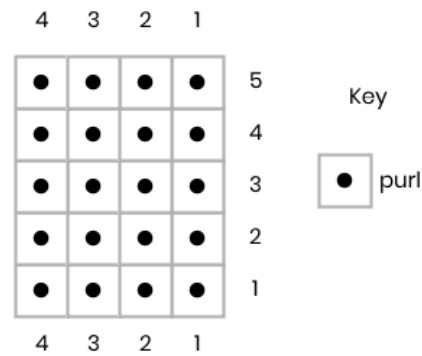
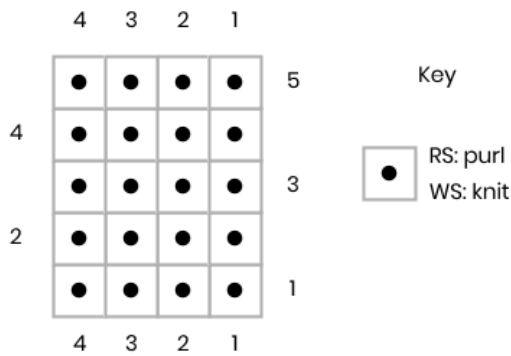
Rep Rows 1-2 for Reverse Stockinette stitch worked flat.

## Rev Stockinette in the Round:

*[worked over any number of stitches and rounds]*

Rnd 1: Purl.

Rep Rnd 1 for Reverse Stockinette stitch in the round.



## Reading Reverse Stockinette Stitch:

To 'read' your stitches in Reverse Stockinette stitch the easiest thing to do is to flip it over and look for the 'V's. To read the Reverse Stockinette side, look for the 'frowns'. Each 'frown' is the head of a stitch. Count a vertical column of 'frowns' to determine how many rows you have knit. To count individual stitches across a row, count each 'frown' in that row.

# K1P1 (1x1) Rib

K1P1 Rib (also called 1x1 Rib) is a stretchy, elastic fabric that is commonly used for hems and cuffs but can also be used as an all-over fabric as well. It lays flat without curling and it's reversible.

**An even number of stitches (+1) when worked flat; an even number of stitches when worked in the round. Any number of rows.**

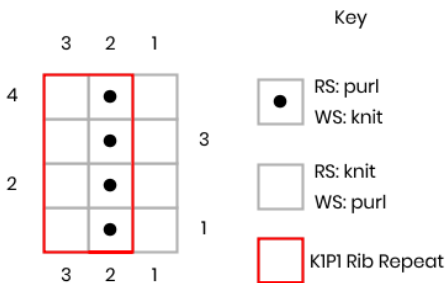
## K1P1 Rib worked Flat:

*[worked over an even number of stitches +1 and any number of rows]*

Row 1: K1, \*p1, k1; rep from \* to end.

Row 2: P1, \*k1, p1; rep from \* to end.

Maintain the pattern as established for the desired number of rows.

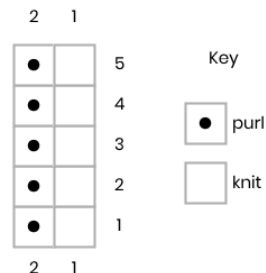


## K1P1 Rib in the Round:

*[worked over an even number of stitches and any number of rounds]*

Rnd 1: \*K1, p1; rep from \* to end of rnd.

Rep Rnd 1 for K1P1 Rib in the round.



## Reading K1P1 Rib:

To 'read' your stitches in K1P1 Rib, look for a column of 'V's. Each 'V' represents one stitch. Count a vertical column of 'V's to determine how many rows you have knit. To count individual stitches across a row in K1P1 Rib, count the alternating knits and purls in one row.

*Note: An extra stitch (the +1) is needed to balance the stitch pattern horizontally when working flat - so you begin and end with a knit stitch.*

## K2P2 (2x2) Rib

K2P2 Rib (also called 2x2 Rib) is a stretchy, elastic fabric that is commonly used for hems and cuffs but can also be used as an all-over fabric as well. It lays flat without curling and it's reversible.

**A multiple of 4 stitches (+2) when worked flat; a multiple of four of stitches when worked in the round. Any number of rows.**

### K2P2 Rib worked Flat:

*[worked over a multiple of 4 stitches +2 and any number of rows]*

Row 1: K2, \*p2, k2; rep from \* to end.

Row 2: P2, \*k2, p2; rep from \* to end.

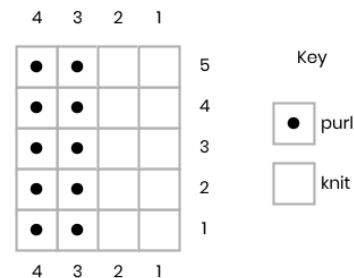
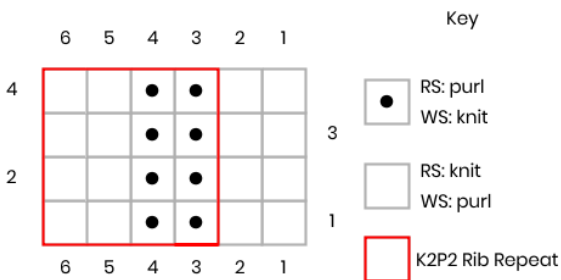
Maintain the pattern as established for the desired number of rows.

### K2P2 Rib in the Round:

*[worked over a multiple of 4 stitches and any number of rounds]*

Rnd 1: \*K2, p2; rep from \* to end of rnd.

Rep Rnd 1 for K2P2 Rib in the round.



### Reading K2P2 Rib:

To 'read' your stitches in K2P2 Rib, look for a column of 'V's. Each 'V' represents one stitch. Count a vertical column of 'V's to determine how many rows you have knit. To count individual stitches across a row in K2P2 Rib, count the alternating knits and purls in one row.

*Note: Two extra stitches (the +2) are needed to balance the stitch pattern horizontally when working flat – so you begin and end with a pair of knit stitches.*

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