

TONIA LYONS designer * teacher * writer

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Tonia Lyons is a Master Hand Knitter, Certified Knitting Teacher, and Certified Knitwear Designer based in Quebec, Canada.

She enjoys designing and her work has been featured in *Cast On*, *Interweave Knits*, and *Knit Now* magazine.

She loves to chat all about knitting on her YouTube channel and write about knitting on her website.

Classes and workshops include an interesting mixture of hands-on demonstrations and discussions with plenty of individual attention. Every class includes handouts for student use.

CLASS SIZE Lectures: 30 students+ Classes: 15-25 students Contact Tonia to receive further information on any of the classes or lectures included in this catalog – promotional materials (class descriptions, homework and materials lists, etc.) will be provided upon request.

CLASSES (technique focused)

Classes use small hands-on swatches or demonstrations to learn the technique.

COLOR THEORY BASICS FOR KNITTERS

The Color Theory Basics for Knitters class will introduce knitters to the foundational principles of color theory and how those principles can be applied to choosing colors for future knitting projects. Students will learn the basics of color theory, as well as participate in some hands-on exercises that will guide them in applying these principles by selecting and combining colors in a variety of ways.

Length: 2 hours Suitable for all knitters.

UNLOCKING COLOR: DEMYSTIFYING VARIEGATED YARN



Discover newfound confidence in your knitting abilities as you understand how to best use variegated yarns, unlocking the door to your stash and turning every skein into a masterpiece. Students will learn the basics of hand-dyed yarns, the terminology of variegated yarns, and the important things to consider when choosing knitting patterns that will best highlight the beautiful colors in their skeins of yarn.

Length: 2 hours (optional: 3 hours with some additional material) *Suitable for all knitters.*

SWEATER SHAPING WITH SHORT ROWS

This class will introduce you to the basics of short rows and how they can be used to modify an existing pattern. You'll learn how to work five different types of short rows and knit swatches that demonstrate shoulder shaping and bust darts.

Length: 3 hours

Suitable for intermediate to advanced knitters who have knit a few sweaters and understand the basics of sweater construction.

FIX YOUR KNITS

Learning to fix your knitting mistakes begins with reading your knitting and having a clear understanding of how knitted fabric works. The first part of this workshop thoroughly explores knit and purl stitches and how those two stitches create a variety of fabrics. Part two explores how to fix dropped stitches and sections of stitches in those various fabrics, as well as the basics of tinking, frogging, and adding lifelines.

Length: 2 hours

Knitters should know the basics (casting on/binding off, knitting/purling).

CLASSES (technique focused)

Classes use small hands-on swatches or demonstrations to learn the technique.

THE ART OF LACE KNITTING

Explore the intricate world of lace knitting with this beginner class focused on providing you with a solid understanding of lace knitting basics and exploring the world of yarn overs and decreases. Topics include reading and knitting from charts and written instructions, including the confusing 'no stitch' chart symbol, and basic fixes every lace knitter should know, as well as the three basic methods for blocking lace projects.

Length: 90 minutes

Knitters should know the basics (casting on/binding off, knitting/purling).

KNITTING CHART KNOW-HOW

Learn everything you need to know about reading charts. You'll learn how to decipher basic charts for flat knitting and knitting in the round, look at a variety of charts featuring stitch patterns, cables, lace, Intarsia, Fair Isle, and Mosaic patterns. You'll even have time to demonstrate your chart reading skills by working a practice swatch.

Length: 2 hours *Knitters should know the basics (casting on/binding off, knitting/purling).*

CREATING CABLES I

The Creating Cables class will introduce knitters to the textural world of cables. Students will learn how to read cable charts and abbreviations, how to work the two basic cable crossings (with and without cable needles), and learn how to use those cable crossings to create a variety of cables and fabrics.

Length: 90 minutes Knitters should know the basics (casting on/binding off, knitting/purling).

CREATING CABLES II

For a full 3-hour class, this second part delves further into the topic of cable knitting by exploring how changing a few simple things can create a completely new cable. Students will also learn how to 'read' their cables, count rows, and other cable knitting tips and tricks.

Length: 90 minutes

Prerequisite: Creating Cables I.

CLASSES (project focused)

Classes include a hands-on project and pattern.

A MONTAGE OF MOSAIC KNITTING

This class will introduce knitters to the colorful world of Mosaic knitting, first introduced to the knitting world by Barbara Walker. Students will learn how to read Mosaic charts, work the patterns in various fabrics, learn tips for selecting colors, fixing mistakes, and more. By the end of the class, students will be well on their way to creating a set of colorful Mosaic Wrist Warmers.

Length: 6 hours (optional: 3 hour course without the project) *Knitters should know how to: cast on/bind off, knit/purl, knit small circumferences in the round.*

INTRODUCTION TO STRANDED KNITTING

Learn the basic skills necessary to complete a stranded knitting project. Students will practice knitting with two colors at once while learning about color dominance, how to read a colorwork chart, carrying and catching floats, and stranded knitting traditions around the world. By the end of the class, students will have started knitting a colorwork cowl. Length: 3 hours

Knitters should know how to: cast on/bind off, knit/purl, and knit in the round.

SUPER SPIRAL SOCKS



Did you know it's possible to knit socks without heels? Using a method popularized during the second World War, you'll learn the fascinating history of 'no heel spiral socks', how to knit your own, and how to adapt your favorite rib patterns to create your own no heel spiral socks. Length: 2 hours

Knitters should know how to: cast on/bind off, knit/purl, and knit small circumferences in the round.

CRAFTING CUSTOM HATS

Learn how to knit a hat that's uniquely yours! Discover how to knit a hat with any weight of yarn. Students will do a little math to determine their perfect cast on number and cast on their hat during the class. **Length:** 2 hours *Knitters should know how to: cast on/bind off, knit/purl, and knit small circumferences in the round.*

CLASSES: SHAWLS

Classes include a hands-on swatch and pattern.

ALL ABOUT TRIANGLE SHAWLS

Triangle shawls can be made in so many ways – all based on where increases and decreases are used to create the shape. Learn how a variety of triangle shawls are created and knit one or two small shawl swatches during the class. Students will also learn how to work Garter and Icord tabs, discuss edge stitch options, and discover how to add stitch patterns to their shawls. **Length:** 3 hours

Knitters should know the basics (casting on/binding off, knitting/purling, basic increases and decreases).

KNITTING ON THE BIAS: SIX SHAWL SHAPES TO EXPLORE

Explore the world of knitting shawls with six different bias shapes–all by simply changing how increases and decreases are combined. Students will knit one or two small shawl swatches during the class.

Length: 3 hours

Knitters should know the basics (casting on/binding off, knitting/purling, basic increases and decreases).

ALL ABOUT RECTANGLE SHAWLS

Rectangle shawls can be so easy to knit but there are plenty of interesting techniques you can learn to create even more rectangular shawl shapes. Learn about six different ways to knit rectangle shawls and knit one or two shawl swatches during the class.

Length: 3 hours

Knitters should know the basics (casting on/binding off, knitting/purling, basic increases and decreases).



SECRETS OF GARTER & I-CORD TABS: A PERFECT START FOR TOP-DOWN SHAWLS

In this class students will learn how to work Garter and I-Cord tabs. The class will also explore how a tab creates a neat edge and methods for adjusting the length of the tab for any top-down shawl shape. Length: 90 minutes

Knitters should know the basics (casting on/binding off, knitting/purling, basic increases and decreases).

CLASSES: SOCKS

Classes include a hands-on project and pattern.

SOCKS ON DPNS

Learn to knit a classic pair of cuff down socks with a heel-flap and gusset construction on DPNs. Students will knit a sample sock in medium-weight yarn during the class.

Length: 3 hours

Knitters should know how to: cast on/bind off, knit/purl, work basic increases and decreases.

MAGIC LOOP (or TWO CIRCULARS) SOCKS

Learn to knit a classic pair of cuff down socks with a heel-flap and gusset construction using the Magic Loop (or Two Circulars) method. Students will knit a sample sock in medium-weight yarn during the class. Length: 3 hours

Knitters should know how to: cast on/bind off, knit/purl, work basic increases and decreases.

TWO-AT-A-TIME SOCKS ON MAGIC LOOP (or TWO CIRCULARS)

Learn to knit two socks at once using the Magic Loop (or Two Circulars) method. Students will knit a pair of socks with a short row heel construction using medium- weight yarn during the class.

Length: 4 hours

Knitters should know how to: cast on/bind off, knit/purl, work basic increases and decreases.

TOE UP SOCKS ON DPNS

Learn to knit a classic pair of toe-up socks with a heel-flap and gusset construction on DPNs. Students will knit a sample sock in medium-weight yarn during the class.

Length: 3 hours

Knitters should know how to: cast on/bind off, knit/purl, work basic increases and decreases.

TOE UP TWO-AT-A-TIME SOCKS ON MAGIC LOOP (or TWO CIRCULARS)

Learn to knit two socks at once using the Magic Loop (or Two Circulars) method. Students will knit a pair of socks with a Fleegle heel construction using medium- weight yarn during the class.

Length: 4 hours

Knitters should know how to: cast on/bind off, knit/purl, work basic increases and decreases.

LECTURES & PRESENTATIONS

KNIT SOCKS THAT FIT

Learn the things you can do to make sure your socks fit the best that they can! We'll discuss proper measurements, negative ease, how to choose the right heel for your foot, and how to customize the fit. Length: 1 hour

Suitable for all knitters.

YARN SUBSTITUTION 101

Discover the essential steps in the substitution process so you can choose the right yarn for your next project. Topics include gauge, fiber characteristics, and estimating yardage.

Length: 1 hour Suitable for all knitters.

PROPER CARE FOR HAND KNITS

Learn the three different methods for blocking as well as how to care for projects based on fiber content, project type, and stitch patterns. **Length:** 1 hour *Suitable for all knitters.*



ALL ABOUT EASE

Understanding ease is an essential skill for knitters of all levels. Learn about positive and negative ease and how that applies to a variety of garments with a particular focus on sweaters, pullovers, and cardigans. Length: 1 hour Suitable for all knitters.